# The GRANDMONITOR

GRANDMONT COMMUNITY — HOME OF GOOD NEIGHBORS

**VOLUME 42, NUMBER 9** 

September 2013



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#### **Mission Statement**

The Grandmont Community Association (GCA) was formed for the preservation of the neighborhood: promotion of quality schools; civic education of the residents and promotion of cooperation and understanding between all of the residents and community businesses.





#### GRANDMONT BOARD OF DIRECTORS 2013 - 2015

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Beautification:	VACANT
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Finance:	Robert Patterson (313-836-3736)
Garden Club:	VACANT
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Richard Berlin------ John Edwards------ Kevin Johnson

Material to be published must be delivered to the Editor at 14415 Rutland, or Emailed (GCA\_48227@att.net), by the 12th of each month in order to be included in the following month's issue. Distribution boundaries include Grandmont subdivision: Grand River south to Schoolcraft and Southfield east to Asbury Park (approximately 1,200 homes and businesses). The GRANDMONITOR reserves the right to edit for content.

#### SAFETY / SECURITY INFORMATION

Call 9-1-1 to report emergencies & crimes in progress Call the GCA Safety/Security Chairperson 313-980-7799

#### EMAIL:

grandmontcommunitycrimealerts@googlegroups.com and/or www.1800speakup.org

"If you see something, say something!"



Report CRIME ANONYMOUSLY to Police: CALL: CRIMESTOPPERS 1-800-SPEAK-UP (1-800-773-2587)

TEXT "TIP411" (847411) add DPD to msg

Report AUTO Theft ANONYMOUSLY to Police call: 800-242-HEAT (4238) www.MIHEAT.org

Report NARCOTICS ANONYMOUSLY to Police CALL: 313-224-DOPE (3673)

Report ILLEGAL GUN ACTIVITY ANONYMOUSLY to Police CALL: 800-AFT-GUNS (800-283-4867)

REWARDS ARE AVAILABLE FOR INFORMATION LEADING TO ARREST AND PROSECUTION.

# GRANDMONT BOARD OF DIRECTORS MEETING

SAT, SEPTEMBER 7, 2013, 10 AM GRDC Office, 19800 Grand River

EVERYONE IN THE
COMMUNITY IS WELCOME
AND ENCOURAGED TO
ATTEND ALL MEETINGS

# SUPPORT THE GRANDMONT COMMUNITY ASSOCIATION







# GRANDMONT PATROL MEETING

**TUESDAY**, SEPT. 3, 2013, 7 PM

GRDC Office, 19800 Grand River

# LET'S DRIVE CRIME OUT OF OUR COMMUNITY







#### Grandmont Community Association

MEMBERSHIP APPLICATION (Includes street snow removal, newsletter, scholarships, committees, events, lobbying, etc.) Name(s): \_\_\_\_\_ Address: City/ST/Zip: Detroit, MI 4822 Phone(s): \_\_\_\_\_ E-Mail: Number of Adults in Household MEMBERSHIP YEAR(S) BEING PAID: 2009 \_\_\_\_\_ 2013 2010 \_\_\_\_\_ 2014 2011 \_\_\_\_\_ 2012 \_\_\_\_ 2015 \_\_\_\_\_ 2016 Other Please mail with check or Money Order for \$25.00 per year (\$10 for Southfield & Longacre Apartments) to: "GRANDMONT COMMUNITY ASSOCIATION" OR "G.C.A." P.O. Box 27790, Detroit, MI 48227 14567 Woodmont, Detroit, MI 48227 I am interested in joining the following GCA Committees: Arts & Crafts Fair **Beautification** \_\_\_ By-Laws Education & Youth **Environmental** Finance \_\_\_ GRANDMONITOR Newsletter **Membership** \_\_ Nominations \_\_\_ Ramsay Park \_\_ Safety/Security \_\_ Scholarship \_\_ Social Planning \_\_\_ Street & Block Captains Web Site **Grandmont Radio Patrol** 

Vacant House Task Force

#### **GRANDMONT WELCOMES NEW DOCTOR TO DMC ~ GRAND RIVER OFFICE**

#### GOOD HEALTH IS OUR MOST VALUABLE ASSET!

With all of the changes being made in health care we must be proactive in developing Health and Wellness plans for ourselves and our families. We must have doctors and specialists that are knowledgeable of their field of medicine and that are a part of a network that provides for their continued professional growth. When establishing a relationship with your doctor, it essential that Trust and Compassion are also evident. As a part of Grandmont's Healthy Living Partnership with Sinai Grace DMC Hospital, I had the pleasure of meeting a young doctor who is no stranger to Grandmont. She understands the need for quality family health services in our community. Our Community is her Community. Welcome Home Dr. Christina Kimbrough! Thank you for coming back home to serve YOUR community

Dr. Earlene Hall



DMC Sinai-Grace's Grand River Medical Center has added a new family practitioner: Dr. Christina Kimbrough. Dr. Kimbrough joins Drs. Treece and Attanasio at their Grand River office, located at 19460 Grand River, just north of Outer Drive, only minutes from the hospital.

Dr. Kimbrough earned her undergraduate degree from the University of Michigan and recently graduated from Wayne State University School of Medicine where she was the Chief Resident for family practice. She specializes in women's health and performs gynecological procedures including colposcopy, and IUD removal and placement.

Dr. Kimbrough was born and raised on Detroit's west side, graduating from Renaissance High School. She fulfills her passion to serve the community by operating ROCK Outreach, a life coaching program for our community youth, along with her husband.

She is partnering with Dr. Monique Butler, with Dr. Kimbrough providing care in the office and Dr. Butler providing inpatient care.

Feeling under the weather or behind on your yearly checkup? Make an appointment by calling **313-387-1097**. Same-day appointments are available.

#### GRANDMONT SCHOLARSHIPS ARE STILL AVAILABLE

The 2013 Grandmont Scholarship application with directions for completing the process has been published in the **GRANDMONITOR** since the April edition. As of yet, no high school graduate has applied. Since the reception isn't until December, the deadline date has been postponed to November 1, 2013. This will give high school graduates more time to apply.

The GCA Scholarship encourages education, higher learning and rewards the most able high school graduates for their effort as to bring about positive results. We need this scholarship in order to ensure that the brightest minds get the most education they can regardless of their circumstances. For instance, some of our honorees come from humble upbringings and need money for higher education whether it is college or technical training. This scholarship helped level the playing field of education and made our honoree's dream a possibility. I am sure Grandmont has scholars. We just have to find them! Contact Cora at (313) 273-7914 for information.

#### Message from the President

Greetings, Neighbors! Autumn is a reflective time of year. All around Grandmont nature is changing things. Temperatures are a little cooler, leaves are beginning to change colors and children are returning to school. Autumn also describes the period of our lives just beyond "middle aged".

Time has a way of moving quickly and catching you unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life in Grandmont. In a way, it seems like centuries ago and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams. But, here it is ... the autumn of my life and it catches me by surprise. How did I get here so fast? Where did the years go and where did my youth go? I remember seeing older people through the years and thinking that those older people were years away from me and that stage of my life was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is ... my friends and neighbors are retired and getting grey. They move slower and when I look at them, I don't see an older person now. Some are in better and some worse shape than me. But, I see the great change ... they are not the young, vibrant individuals that I remember but, just like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd become.



And so ... now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But, at least I know, that though the Autumn has come, and I'm not sure how long it will last ... this I know, that when it's over on this earth ... it's over. A new adventure will begin! Yes, I have regrets. There are things I wish I hadn't done and things I should have done, but indeed, there are many things I'm happy to have done. Things like raising my children here in Grandmont.

So, if you're not in your Autumn yet, let me remind you that it will be here faster than you think. So, whatever you would like to accomplish in your life please do it quickly! Don't put things off too long. Life goes by quickly. So, do what you can today. You have no promise that you will see all the seasons of your life. So, live for today and say all the things that you want your loved ones to remember and hope that they appreciate and love you for all the things that you have done for them in all the years past! What legacy will you leave of service to our beloved community? It's not too late to join a committee.

LIFE IS A GIFT TO YOU. THE WAY YOU LIVE YOUR LIFE IS YOUR GIFT TO THOSE WHO COME AFTER. MAKE IT FANTASTIC!

REMEMBER "IT IS HEALTH THAT IS REAL WEALTH ~ ~ ~ NOT PIECES OF GOLD AND SILVER".

#### IN CLOSING LET ME LEAVE YOU WITH A FEW "EARLENEISMS":

- ~ TODAY IS THE OLDEST YOU'VE EVER BEEN, YET THE YOUNGEST YOU'LL EVER BE SO ENJOY THIS DAY WHILE IT LASTS. ~
  - ~ YOUR KIDS ARE BECOMING YOU......BUT YOUR GRANDCHILDREN ARE PERFECT! ~
    - ~GOING OUT IS GOOD, COMING HOME IS BETTER! ~
  - $\sim$  You forget names, but that's OK because other people forgot they even knew you!  $\sim$
  - ~YOU REALIZE YOU'RE NEVER GOING TO BE REALLY GOOD AT ANYTHING.... ESPECIALLY GOLF. ~
- THE THINGS YOU USED TO CARE TO DO, YOU NO LONGER CARE TO DO, BUT YOU REALLY DO CARE THAT YOU DON'T CARE TO DO THEM ANYMORE. ~
  - ~YOU MAY SLEEP BETTER ON A LOUNGE CHAIR WITH THE TV BLARING THAN IN BED. IT'S CALLED "PRE-SLEEP".~
    - ~YOU MISS THE DAYS WHEN EVERYTHING WORKED WITH JUST AN "ON" AND "OFF" SWITCH. ~
      - $\sim$  Now that you can afford expensive jewelry, it's not safe to wear it anywhere.  $\sim$ 
        - ~ YOU NOTICE EVERYTHING THEY SELL IN STORES IS "SLEEVELESS".~
          - ~ EVERYBODY WHISPERS. ~
    - ~ EVERY WOMAN HAS 3 SIZES OF CLOTHES IN HER CLOSET, 2 OF WHICH SHE WILL NEVER WEAR AGAIN. ~

REMEMBER IT'S NOT WHAT YOU GATHER, BUT WHAT YOU SCATTER THAT TELLS WHAT KIND OF LIFE YOU HAVE LIVED.

MAKE IT A POINT SO SHARE A KIND WORD AND A SMILE WITH A NEIGHBOR TODAY!

In Neighborly Love, Dr. Earlene J, Hall, President Grandmont Community Association

#### **ENVIRONMENTAL CORNER**

The Environmental Committee frequently surveys the neighborhood. Your active participation contributes to a strong and unified Grandmont Community. With your help and support we can create a better environment for our friends and families. **THANK YOU!** 

THANK YOU! Your help is welcome, needed, and always appreciated. GCA Board members Ed Smith, Jomo King, and Robert Patterson got an early start Sunday, August 11, 2013 tackling the fence line along the east sidewalk area of Ramsay Park in preparation for our "HOT NIGHTS/COOL JAZZ" Neighborhood Celebration Sunday, August 18<sup>th</sup>. With our three-hour time frame on Sunday, August 11<sup>th</sup> (9 AM – Noon), we were focused and able to make a positive difference in keeping our Park well maintained and safe. A helpful neighbor on Longacre volunteered to clear away and haul the accumulated branches and bags to the Southfield DPW Yard. I took care of litter control and weeding-out the flowers planted by Grandmont's Garden Club and the annual flowers we received from Detroit's 'Keep Detroit Beautiful' (KDB) Program. Keep Detroit Beautiful also provided the flowers (planting, weeding, and watering not included!) in front of the Community Garden on Archdale just south of Grand River. Of course, there is always a bit more to do, and as always: More Volunteers = Less Work - Join us next time! With your help our park will remain litter-free and family-friendly!







The Ramsay Park playground gets spruced up with new mulch on the playscape and weed removal







Many thanks to Grandmont Board members Jomo King, Robert Patterson and Ed Smith for all their hard work!!

<u>SEPTEMBER</u> – I hope the trees planted this past spring on the berms in Grandmont free of charge by Greening of Detroit are thriving. September is a great month to plant a tree. Why not celebrate a special occasion or create a memorial to a loved one by planting a tree or shrub in your yard. Greening of Detroit (**313-237-8733**) may be able to help you select something hardy and colorful to brighten your view and remind you of that person or event. A tree is a wonderful legacy for you and your family and will be appreciated for years to come. Trees, as well as other landscape plantings, help our environment while adding value and beauty to our homes. Beauty, cleaner air and noise reduction are all sustainable value-added aspects of greener living. And actually, you won't really have to worry about raking those leaves for quite awhile.

EXERCISE IS OUR FRIEND. When you walk, wear or bring gloves and "Stash the Trash" in a bag you bring along! Help promote our 'Love Where You Live' Campaign and keep our community clean. At home, there is still plenty of time to pull those weeds, prune that shrub, edge that lawn, paint that trim! PLANT THAT TREE! Teach your children by your good example. Give them guidance and the tools needed to become better citizens while encouraging healthy environmental activities. When you go to Ramsay Park, remember it is OUR Park and WE ALL NEED TO KEEP IT CLEAN. Help our children participate in the process of becoming knowledgeable future home owners and good neighbors. Remember that motorized vehicles as well as dogs are not allowed in the Park.

AT OUR FRIDAY, JULY 26<sup>TH</sup> ENVIRONMENTAL MEETING chaired by Pat Edmonson with the capable help of her husband Charles, it was emphasized that since we are ALL VOLUNTEERS, we need to enlist the help of EVERYONE concerned when there is an Environmental issue in Grandmont. *Everyone Is Responsible* and people need to be actively involved in the process before enlisting the help of the Environmental Committee. Neighbors should be pro-active and dues-paying residents! Blocks should work together first for their own benefit if possible. This action helps unify each block when neighbors unite for their common good. The steps or procedures usually followed are something like this:

- 1. **Self**. Try to resolve the problem yourself, especially if it involves a near-by neighbor sometimes just calmly asking for cooperation works.
- 2. **Block Captain**. You should know your Block Captain (if your block doesn't have someone assigned, why not volunteer or offer to co-captain with another neighbor to improve the process!) and try to resolve the problem with their help. If that doesn't work...
- 3. **Street Captain**. Your Street Captain (every street has one) should be willing to help resolve neighbor concerns, or bring the matter to the GCA Board of Directors for help and guidance.
- 4. Joan Harris-Williams. The Street/Block Captain Chairperson is another available resource.

ENVIRONMENTAL COMMITTEE. We would be contacted after other measures failed to gain results wanted or in certain situations, when neighbor friction could be eliminated with our involvement. Resources on hand include DPW direct complaint number (313) 876-0974; let the City Inspector investigate and ticket if necessary. Consider attending the Monday morning 9 AM Blight Meetings at the 6<sup>th</sup> Precinct – 11450 Warwick and Plymouth Road – with our Community Relations Officers on hand to listen to neighbor frustrations including noise, dogs, abandoned vehicles, car repair, blight, code issues, etc. Names of Block/Street Captains are available as well as handouts describing Blight Code Information/Fines and a helpful resource/reference sheet with "Who To Call" phone numbers for specific City matters. Welcoming new neighbors and handing them a GRANDMONITOR or "Best Practices/Standards Guideline" helps eliminate misunderstandings when we all realize that Grandmont has high expectations and anticipates neighbor cooperation.

D. Patterson, (313) 836-3736

#### "HOT NIGHTS, COOL JAZZ" A RESOUNDING SUCCESS!

If you didn't make it over to Ramsay Park on Sunday, August 18<sup>th</sup> for our 2<sup>nd</sup> Annual Grandmont JazzFest, you missed a REAL TREAT! We have several wonderful, family-friendly activities here in our community and this event was no exception. We had a live band with singers, a great poet and DJ who kept the music going between sets. Many people were even inclined to show off their dance moves to the music! We had a great turnout from Grandmont, but guests from other neighborhoods (Rosedale Park, N. Rosedale Park, Schoolcraft Improvement Association to name a few) who came over to enjoy the festivities with us. We hope you will come by for our next event – our Grandmont "Arts and Crafts Fair" is returning on Sunday, September 8<sup>th</sup> to Ramsay Park!





#### KIDS' DAY AT NORTHWEST DETROIT FARMERS' MARKET ON SEPT. 12 -



This year's **ANNUAL RITE AID KIDS' DAY** at the Northwest Detroit Farmers' Market promises to be the best one yet! There will be bouncers on the church lawn and face painting – free farmers' market t-shirts to the first 100 kids – and free bike helmets to the first 100 kids, courtesy of AAA Michigan – should be a great day!

To cap it all off, Chef Antonio will be on hand to do a cooking demonstration of healthy recipes specially geared to kids – learn to prepare fruits and vegetables in ways that will appeal to your youngsters!

#### We Take Plastic - All Kinds!

The Northwest Detroit Farmers' Market accepts credit and debit cards and the Bridge card, as well as Project FRESH and Market FRESH

coupons. The market also offers the highly popular Double Up Food Bucks program for Bridge card users, which matches up to \$20 of a Bridge card purchase with an additional FREE \$20 in Double Up Bucks, for the purchase of Michigan-grown fruits and vegetables.

For more information, and to volunteer to help at the market, contact Pam Weinstein at 313-387-4732, ext. 103, or pweinstein@grandmontrosedale.com.

**RENOVATED HOMES AVAILABLE SOON** – GRDC is ready to begin renovations on nine vacant homes in the Grandmont Rosedale community. These homes will be transformed from neighborhood eyesores into neighborhood assets with funding provided by the City of Detroit Neighborhood Stabilization Program (NSP). In addition to getting a beautifully renovated home, homebuyers will also receive down payment assistance and free homebuyer counseling to insure that they get off on the right foot. To qualify to purchase a home under this program, homebuyers must meet the following requirements:

- Have an annual household income at or below 120% of the area median income (see chart below)
- Be pre-approved for a mortgage with a reputable mortgage lender
- Complete 8 hours of pre-purchase homebuyer counseling
- Make a down payment equal to no less than 1% of the purchase price from your own funds.

For additional information or to view a listing of homes to be renovated, visit the GRDC web site at www.grandmontrosedale.com.

#### **NSP PROGRAM INCOME LIMITS**

Household Size	1 person	2 person	3 person	4 person	5 person	6 person	7 person	8 person
Maximum Income	\$54,120	\$61,920	\$69,600	\$77,280	\$83,520	\$89,760	\$95,880	\$102,120

**SEPTEMBER TRASH TALKIN' EVENTS** – GRDC's anti-litter campaign, "*Love Where You Live*", continues its continuous clean-up series, Trash Talkin', on the second and fourth Saturdays in September. Volunteers meet at 9 AM for coffee, tea, conversation and supplies – clean-up commences at 10 AM.

- Saturday, Sept. 14 volunteers will meet at 9 AM at Just A Bit Eclectic, 19015 McNichols.
- Saturday, Sept. 28 volunteers will meet at 9 AM at Always Brewing Detroit, 19180 Grand River.

For more information or to RSVP, contact Chelsea Neblett at cneblett@grandmontrosedale.com or 313-387-4732, ext. 116.

**JOIN THE CRIME ALERT!** Want to know what's going on around you? Join the GRDC Crime Alert system and you'll get email messages to update you.

The GRDC Community Security Program's staff monitors and sends out email crime alerts as reported by community residents about recent suspicious or criminal incidents or activities. Our goal is to provide timely information to residents and when possible and appropriate, to offer crime prevention strategies and reminders that may help keep us safer in the future.

To join the Grandmont Rosedale Crime Alert system, send an e-mail request to **grandmontrosedalecrimealert@googlegroups.com.** And please share this invitation and e-mail address with other neighbors and friends who also live in the Grandmont Rosedale area.

**GET THE GRDC E-MAIL BLAST!** – Every Wednesday morning at 11 AM, GRDC sends out an electronic newsletter to let everybody know what's going on in our neighborhood. Don't miss out on the latest! If you want to know what's happening, send us your e-mail address. We'll add you to our electronic mailing list and send you information of interest to the neighborhood. Send an e-mail to **info@grandmontrosedale.com** and ask to be added to the list.

#### CRIME PREVENTION TIP: KEEPING COLLEGE STUDENTS SAFE IN NEW SPACES



During the month of August ,many residents will head back to college, where they will be living in student dorms, apartments, or other cooperative housing. Crimes occur in these settings just as often as they do in other communities, and it is important for young people to be equipped with some safety strategies. Below is a list of factors to consider when moving into student resident housing:

- Who controls the traffic in and out of your building or house? Are keys required? Do people sign in? Can a stranger have access to your floor or your dorm room?
- What kind of security is around the building? Are there security lights, cameras, or guards? Who would you contact if you had a security issue?
- Are entrances, parking areas, elevators, hallways, or laundry rooms well lit 24 hours a day?
- Do the people around you know your daily routines? Do you leave indications of when you are in or out of your living space?
- Do you leave your electronics, cameras, jewelry ,or other valuables out and accessible in your living space?
- Do you know the people living near you (your floor-mates or neighbors)?
- Do you look out for neighbors, and would you feel comfortable informing them if you observe suspicious behavior? Would they feel comfortable approaching you?

#### SCRAP METAL REFORM AT NEIGHBORHOOD SAFETY MEETING SEPTEMBER 26<sup>th</sup>

If you know someone who has had their catalytic converter or their air conditioner stolen, you are familiar with scrap metal theft. This type is crime is not just an urban/Detroit phenomenon – farmers are losing their tractors and irrigation systems, while cities around the state, not just Detroit, are losing street light copper wiring, manhole covers, and railroad tracks. All of these items are being taken by scrap metal thieves.

A bi-partisan coalition of Michigan state representatives recently introduced a package of reform bills to help reduce scrap metal theft and its negative impact in our city and our state. Join us at the next neighborhood safety meeting on **Thursday, September 26 at 6:30 PM**, when our guest speakers will be **State Rep. David Nathan** (D-Detroit, District 8) and **State Rep. Rashida Tlaib** (D-Detroit, District 6), among the co-sponsors of the reform bills. Nathan and Tlaib will bring us the latest news on their efforts to get the bills passed.

#### SUPPORT THE REFORM BILLS: SIGN THE PETITION



Every Grandmont Rosedale resident can get involved – it's easy. Just sign the petition in support of the reforms recently launched by the Special Assessment District (SAD) City-Wide Coalition. Go to the Change.org petition at <a href="http://chn.ge/1bS2Lem">http://chn.ge/1bS2Lem</a> or use the QR code on the left if you have a smart phone.

Neighborhood safety meetings are open to the public, held the 4<sup>th</sup> Thursday of the month at the North Rosedale Park Community House, 18445 Scarsdale. For more information or to suggest a safety or crime prevention topic, please contact Karen Johnson Moore, Community Security Program Manager at 313-387-4732, ext. 110 or <a href="mailto:kmoore@granmontrosedale.com">kmoore@granmontrosedale.com</a>.

#### "QUALITY OF LIFE" FORUM PLANNED FOR SEPTEMBER 28th

In September 2012, the Grandmont Rosedale neighborhoods adopted a three-year strategic plan for improving the quality of life in our community. Now it's time to report on the first year's progress toward implementing this plan and to set priorities for year two of implementation. A community-wide "Quality of Life" Forum to be held on Saturday, September 28, 2013 will provide an opportunity for that review and reflection.

"It is amazing how much we have already been able to accomplish," said Becki Kenderes, Program Manager of the Building Sustainable Communities Program. "We have a lot to celebrate, but also much work that still needs to be done." The Building Sustainable Communities Program is funded through a generous grant from the Detroit Local Initiatives Support Corporation.

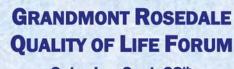


#### **FORUM DETAILS**

The forum, to be held at New St. Paul Tabernacle Church, 15340 Southfield Service Drive, runs from 9 AM – 2 PM and includes a complimentary continental breakfast and lunch. Featuring short presentations about the many activities, programs, and task forces included in the community's *Quality of Life Plan*, the forum will also provide opportunities for residents to give feedback regarding plan goals and to get directly involved in improving the community.

#### **VOLUNTEER RECOGNITION**

"A special part of the day's program will include recognition of some of the key volunteers who are making a big difference in the Grandmont Rosedale community," added Kenderes. "It is impossible to overstate the contributions made by so many dedicated residents."



Saturday, Sept. 28<sup>th</sup> 9 AM - 2 PM

New St. Paul Tabernacle Church 15340 Southfield Service Drive

All area residents, business owners and other stakeholders are invited to attend. For more information and to RSVP to reserve your seat, contact Wilsie Calhoun at 313-387-4732, ext. 100 or info@grandmontrosedale.com.

#### MY METRO DETROIT YOUTH DAY EXPERIENCE

by Marcedes-Antoniya Preston

ennis, chess, soccer, relay races, concerts, pool party, celebrities, pie eating contest and much more all happened in one day! Once a year, the youth of Detroit all meet at Belle Isle to have a fun and educational time! This event is named Metro Detroit Youth Day! I went to Youth Day for the first time, it was fantastic! My favorite part about Youth Day was the entertainment!



There were so many different rappers, dancers, singers, and a

clown! The clown was awesome; he was like a hip-hop clown. A couple of the performers were True 5 and S.W.I.S.S Kids; they really had the crowd moving! The singers sang so beautifully; I was about to cry. The dancers were good. I really enjoy dancing, too. So, I identified some moves I incorporate in my routines.



Learning CPR

Youth Day was like a fun day at school because, I also learned new things. For example, I always wanted to learn CPR; at the youth day, I did. Well, I kind of learned it in the past from the Dr. Oz Show. But, at youth day, I was able to practice it. Knowing CPR is very important because it help saves lives!

Another life saving tool I learned was how to make a fire plan. A fire plan shows what exits to go through and where to meet up in case there's a fire in your home. And, I am going to teach this to my family because every family needs a fire evacuation plan.



I also learned how to play chess. I always wanted to learn how to play. Now, Chess is my favorite board game!

Last but not least, I was exposed to different colleges: Wayne State, Eastern Michigan, U of M. They were great schools; but, I still know I'm going to Harvard University! Youth Day was one of the most fun days of my summer so far. I didn't expect so many cool activities. But, my fun day didn't end after Youth Day was over.



Learning to play chess

After Youth Day I was able to go swimming with the lovely Muhammad family! Special thanks to Mommy, Daddy for letting me go and Mr. Muhammad and Mrs. Muhammad for taking me! Ultimate thanks to my Lord and Savior! Wow, I am so blessed!







#### **CITY SERVICES**

## TRASH PICKUP DAY: Friday Trash Pickup Holiday Schedule

If any of the following holidays is on or before your collection day, your service will be one day later:

#### **POLICE DISTRICT:**

District: NORTHWESTERN
Precinct: 6TH & 8TH PRECINCTS
Address: 11450 WARWICK

**Phone**: 313 596 5600

#### N/W COMMUNITY ACCESS CENTER SERVICES:

Northwest Activities Center 18100 Meyers, (313) 870-0649 Mr. Tony Kinsey, Mgr

#### **BULK PICKUP SCHEDULE 2013:**

Nov 12th

#### **NEAREST BULK DROP-OFF LOCATION:**

FACILITY: Southfield Yard

LOCATION: 12255 Southfield Service Drive

These drop-off locations are open to Detroit residents only with proper identification. Residents are limited to one load per household per day, not to exceed one cubic yard or 1,000 pounds. The City will not accept demolition, construction, or remodeling debris (including shingles), household or commercial garbage, or tree stumps.

#### **BULK DROP-OFF HOURS**

#### NOVEMBER THRU MARCH

8:30 a.m. - 4:00 p.m. • Tuesday thru Saturday

#### APRIL THRU OCTOBER

10:30 a.m. - 6:00 p.m. • Tuesday thru Saturday

(The J. Fons Transfer Station is open Monday-Friday from 8:00 a.m.— 4:00 p.m., the Southfield Yard location is open Monday-Saturday).

All locations (except J. Fons Transfer Station) are closed from 2:30—3:30p.m.



#### POWERHOUSE EXPRESS GYM FITNESS

Your New Neighborhood Powerhouse "Express Fitness" Gym is Now Open! Located at: 18230 Grand River Ave. Detroit, Mi 48223



#### Our Amenities Include:

Treadmills • Steppers • Free Weights • Elliptical Machines • Personal Trainers
All of our equipment is Made in America! We support American Industry.

GET a membership.
GET a great workout.
GET on with your life!

Here at Powerhouse "Express Fitness" Gym we know that you have to cram a lot into your busy day.

So we make it easy as possible for you to come in and get a great workout. Plain and simple.

We're conveniently located, we'll never hassle you about contracts, and our top notch personal trainers will keep you on task to get fit, fast!

Q'M

MON - FRI 6AM - 10PM SAT & SUN 9AM - 5PM 18230 Grand River Ave. Detroit MI, 48223 PHONE: 313.397.3615



# F R E E!!!

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We provide health and well-being care for Infants, Children and Adults, including Sports & School Physicals. Home Health Care Visits, Children and Adults Vaccinations, Geriatric Care and Osteopatic Manipulation. Same day walk-ins are available.

Dr. Uyen Thai-Budzinski - Family Practice Dr. Zeeshan Tarique - Pediatrician

Schedule your appointment today!

Clinic Hours: Mon, Wed & Thurs 9 AM - 6 PM Tuesday 10 AM - 7 PM & Friday 9 AM-5 PM Saturday 9 AM - 1 PM

Call Today: 313-281-8070

(WE ACCEPT ALL INSURANCES)
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(across from Christ the King Church on Burt Rd.)

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SPECIALS .... BREAKFAST

MONDAY thru SUNDAY

5 AM to 7 PM

for carry-out or other information, please call 313-533-7913)

#### "RIPPLING HOPE" UPDATE

The "RIPPLING HOPE" program has been instrumental in providing free or low cost home improvements to the residents in Grandmont for the past few years. We were the largest group in Detroit to take advantage of their Program.

Robin Zerweck, from "RIPPLING HOPE", was severely injured a few weeks ago when she fell off a ladder while working on a home. She's had to undergo surgery and is still in a great deal of pain.

Please put her, her family and the "RIPPLING HOPE" organization in your prayers that she will fully recover from her injuries soon!

#### A LITTLE SEPTEMBER HUMOR: "BACK TO SCHOOL"

To help get your brain functioning from the summer vacation break, here are a couple of appropriate puns for the educated mind to help jumpstart the mental process:

- The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.
- Two hydrogen atoms meet. One says, "I've lost my electron." The other says, "Are you sure?" The first replies, "Yes, I'm positive."
- A rubber band pistol was confiscated from an algebra class because it was a weapon of math destruction.

# Car + Home =

# BIG SAVINGS

See me for Car and Home Insurance and save.





Theodore C Brown Ins Agcy Inc Theodore Brown, Agent Southfield, MI 48076-2564 Bus: 248-352-4757

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- \* TREE TRIMMING & REMOVAL
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Join us for our 8th season of good food and fellowship! You can buy fresh, locally grown produce, right here in our neighborhood. Our vendors offer fresh Michigan fruits and vegetables, baked goods, local honey, teas, granola, dips, coffee, and more!

**Every Thursday, 4-8 PM** June 6 - Oct. 10, 2013

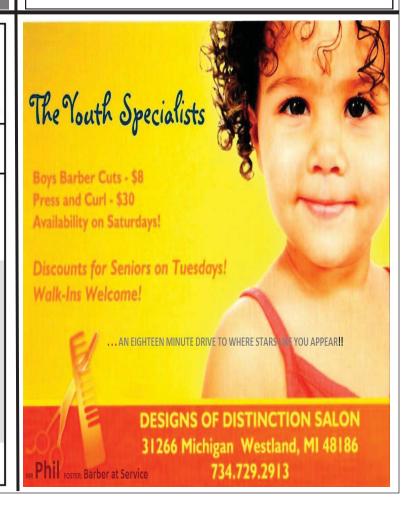
**Bushnell Congregational Church South Parking Lot** 15000 Southfield Service Drive

At the Grand River/Fenkell Exit

Underwritten by

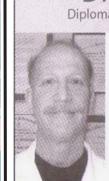


For more information, call Pam Weinstein, 313-387-4732, ext 103









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Diplomate, American Board of Podiatric Surgery

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Ad Size:	1-Month:	3-Months
Full page	\$140.00	\$375.00
Half page	\$75.00	\$200.00
Quarter page	\$38.00	\$100.00
Eighth page (business card size)	\$20.00	\$50.00

As you can see our rates are the cheapest in the region!

Aug	August 2013	013					
Sun	Mon	Tue	Wed	Thu	Fi	Sat	
				1	2	3	
4	vo	9	7	80	6	10	
Ξ	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

# September 2013

Sun	Mon	Tue	Wed	Tho	æ	Sat
	1	2	3	4	5	9
7	8	6	10	11	12	13
14	15	91	17	18	19	20
21	7.7	23	24	25	26	27
28	67	30	31			

October 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	9	7
	Labor Day			4PM to 8PM—Farmers Market		10AM - GCA Board Meeting at GRDC Office
				4PM-5PM Yoga at Chaney Library		
∞	6	10	11	12	13	14
GrandParents' Day				4PM to 8PM—Farmers Market 4PM-5PM Yoga at Chaney Library	Yard Waste Removal	
15	16	17	18	61	20	21
	6:30PM –Patrol Officers 7PM—Grandmont Patrol Meeting at GDRC Office 19800 Grand River		7PM—GDRC Board Meeting at GRDC Office 19800 Grand River	4PM to 8PM—Farmers Market 4PM-5PM Yoga at Chancy Library 6PM—Garden Club Meeting		10AM to 2PM—Rosedale Recycles at Christ The King Church
22	23	24	25	(2) 26	27	28
Fall Begins				4PM to 8PM—Famers Market 4PM-5PM Yoga at Chancy Library 6PM—Grandmont Rosedale Safety Meeting at N. Rosedale Park Community House	Yard Waste Removal	9AM-2PM—Grandmont Rosedale Quality of Live Forum New St. Paul Tabenade Church, 15340 Southfield Service Drive
29	7PM—NW District Police Community Relations mtg at Bushnell Cong. Church					
GRANDMONT COMMUNITY BOARD MEETING GRDC Office. 19800 Grand River—Saturday. 0	GRANDMONT COMMUNITY BOARD MEETIING GRDC Office. 19800 Grand River—Saturday, October 5, 201	er 5. 2013~10 AM		GRANDMONT~ROSEDAI N. Rosedale Park Comm	 GRANDMONT~ROSEDALE NEIGHBORHOOD SAFETY MTG: N. Rosedale Park Community House—Thursday, October 2	GRANDMONT~ROSEDALE NEIGHBORHOOD SAFETY MTG: N. Rosedale Park Community House—Thursday, October 24, 2013~ 6:30PM
GRANDMONT PATROL MEETING GRDC Office, 19800 Grand River	GRANDMONT PATROL MEETING GRDC Office, 19800 Grand River~ Monday, October, 7, 20	er, 7, 2013~7 PM	OCTOBER	NW DISTRICT POLICE CO Bushnell Congregation	NW DISTRICT POLICE COMMUNITY RELATIONS MTG: Bushnell Congregational Church—Monday, October 28, 2013~7:PM	<b>MTG:</b> ctober 28, 2013∼ 7:PM