The GRANDMONITOR

GRANDMONT COMMUNITY — HOME OF GOOD NEIGHBORS

VOLUME 41, NUMBER 12

December 2012



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Mission Statement

The Grandmont Community Association (GCA) was formed for the preservation of the neighborhood: promotion of quality schools; civic education of the residents and promotion of cooperation and understanding between all of the residents and community businesses.











GRANDMONT COMMUNITY ASSOCIATION HOLIDAY APPRECIATION LUNCHEON

WHEN: SATURDAY, DECEMBER 15, 2012

TIME: 12:30 PM

WHERE: TANGO'S RESTAURANT

(Inside the elegant Westin Hotel-Southfield, 1500 Town Center) Free, secure parking in front & rear. Valet parking available.

Ticket for honorees' guest is **only \$16.**00 for buffet lunch



Please contact:

BARBARA HALLEY-PETERSON 313-835-5601

or

KRYSTAL THURMOND

313-837-6262













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By-Laws:Lorenzo Blount (313-522-8088)						
Beautification: Charlotte Hoefer (313-646-6564)						
Environmental: Pat Edmonson (313-836-8607)						
Finance: Robert Patterson (313-836-3736)						
Garden Club:Lorena Rashid (313-659-2281)						
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Nominations:Ramona Miles (313-739-6443)						
Safety: Muhsin Muhammad (313-980-7799)						
Scholarship C. Duncan-Foster (313-273-7914)						
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Material to be published must be delivered to the Editor at 14415 Rutland, or Emailed (GCA_48227@att.net), by the 12th of each month in order to be included in the following month's issue. Distribution boundaries include Grandmont subdivision: Grand River south to Schoolcraft and Southfield east to Asbury Park (approximately 1,200 homes and businesses). The GRANDMONITOR reserves the right to edit for content.

SAFETY / SECURITY INFORMATION

Call 9-1-1 to report emergencies & crimes in progress Call the GCA Safety/Security Chairperson 313-980-7799

EMAIL:

grandmontcommunitycrimealerts@googlegroups.com and/or www.1800speakup.org

"If you see something, say something!"



Report CRIME ANONYMOUSLY to Police: CALL: CRIMESTOPPERS 1-800-SPEAK-UP (1-800-773-2587)

TEXT "TIP411" (847411) add DPD to msg

Report AUTO Theft ANONYMOUSLY to Police call: 800-242-HEAT (4238)
www.MIHEAT.org

Report NARCOTICS ANONYMOUSLY to Police CALL: 313-224-DOPE (3673)

Report ILLEGAL GUN ACTIVITY ANONYMOUSLY to Police CALL: 800-AFT-GUNS (800-283-4867)

REWARDS ARE AVAILABLE FOR INFORMATION LEADING TO ARREST AND PROSECUTION.

GRANDMONT BOARD OF DIRECTORS MEETING

SAT, JANUARY 5, 2013, 10 AM GRDC Office, 19800 Grand River

EVERYONE IN THE COMMUNITY IS WELCOME AND ENCOURAGED TO ATTEND ALL MEETINGS

SUPPORT THE GRANDMONT COMMUNITY ASSOCIATION







GRANDMONT PATROL MEETING

Monday, January 7, 2013, 7 pm GRDC Office, 19800 Grand River

LET'S DRIVE CRIME OUT OF OUR COMMUNITY







Grandmont Community Association

MEMBERSHIP APPLICATION (Includes street snow removal, newsletter, scholarships, committees, events, lobbying, etc.) Name(s): ____ Address: City/ST/Zip: Detroit, MI 4822 Phone(s): _____ E-Mail: Number of Adults in Household MEMBERSHIP YEAR(S) BEING PAID: 2009 2013 2010 _____ 2014 2011 _____ 2012 ____ 2015 _____ 2016 Other Please mail with check or Money Order for \$25.00 per year (\$10 for Southfield & Longacre Apartments) to: "GRANDMONT COMMUNITY ASSOCIATION" OR "G.C.A." P.O. Box 27790. Detroit, MI 48227 <u>OR</u> 14567 Woodmont, Detroit, MI 48227 Lam interested in joining the following GCA Committees: Arts & Crafts Fair __ Beautification **By-Laws** ___ Education & Youth ____ Environmental Finance **GRANDMONITOR** Newsletter ___ Membership __ Nominations Ramsay Park __ Safety/Security __ Scholarship ___ Social Planning ___ Street & Block Captains Web Site **Grandmont Radio Patrol Vacant House Task Force**

HAPPY NEW YEAR TO ALL!



MY FAVORITE AFTER CHRISTMAS DITTY THAT IS STILL QUITE APPROPRIATE AS OUR JANUARY BILLS START POURING IN ...

T'WAS THE DAY AFTER CHRISTMAS

T'was the day after Christmas, And all through the house, Every creature was hurting, even the mouse The toys were all broken, their batteries dead; Santa passed out, with some ice on his head. Wrapping and ribbons just covered the floor, While upstairs the family continued to snore. And I in my T-shirt, new Reeboks and jeans, Went into the kitchen and started to clean. When out on the lawn there arose such a clatter, I sprang from the sink to see what was the matter. Away to the window I flew like a flash, Tore open the curtains, and threw up the sash. When what to my wondering eyes should appear, But a white little truck, with an oversized mirror. The driver was smiling, so lively and grand; The patch on his jacket said U.S. POSTMAN. With a handful of bills, he grinned like a fox Then quickly he stuffed them into our mailbox. Bill after bill, after bill, they still came. Whistling and shouting he called them by name: Now Best Buy, now Macy's, now Penneys and Kmart, Here's Art Vans, and Levi's, Targets and Walmart. To the tip of your limit, every store, every mall, Now chargeaway-chargeaway all! He whooped and he whistled as he finished his work. He filled up the box, and then turned with a jerk. He sprang to his truck and he drove down the road, Driving much faster with just half a load. Then I heard him exclaim with great holiday cheer, ENJOY WHAT YOU GOT YOU'LL BE PAYING ALL YEAR!

Submitted by K. Thurmond

2012 GRANDMONT COMMUNITY ASSOCIATION SCHOLARSHIP WINNERS

OWEN KIRKLAND PIERCE:

Owen Kirkland Pierce is a graduate from Cass Technical High School and is currently attending Wayne State University. He is an Engineering Major. His goal is to become an engineer. Owen plans to obtain no less than a Master's degree. In the summer of 2005, Owen was able to travel to England and Scotland through the "PEOPLE TO PEOPLE" Program. He was chosen one of thirty out of 200 applicants for the "YES FOR PREP" Program. He maintained a 3.6 GPA while graduating Magna Cum Laude along with Cass Tech Honors. He obtained a 4.00 GPA on his last report. Mr. Pierce is a Wade H. McCree, Jr. Scholar receiving full tuition coverage over four years. Owen said that with the help of this scholarship, "I would be able to reduce the maintaining cost of my college education so that I can stay focused on the most important task, getting my education!"

LULA EVETTE TAYLOR

Lula Evette Taylor is a graduate from Bradford Academy High School. Ms. Taylor is a member of the National Honors Society and graduated Salutatorian. Lula is currently attending Western Michigan University with a major of Biomedical Sciences and a Psychology Minor. Her goal is to become a neurosurgeon. Last summer, she chose to get an early start of college. Lula attended the Foreign Language Immersion Culture School for eight years where she learned to speak Mandarin Chinese. Ms. Taylor obtained a 3.75 GPA on her last report card. Lula said, "that with diligence, I can accomplish anything!?

By Cora Duncan-Foster, Scholarship Committee Chairperson

"Let Every Day Be Christmas"

Christmas is forever,

Not for just one day,

For loving, sharing, giving

Are not to put away

Like bells and lights and tinsel

In some box upon a shelf.

The good you do for others is good you do

yourself.

~ Norman Wesley Brooks, 1976 ~

"EVERY YEAR AT JUST THIS TIME, IN COLD AND DARK DECEMBER,

FAMILIES AROUND THE WORLD ALL GATHER TO REMEMBER,

WITH PRESENTS AND WITH PARTIES, WITH FEASTING AND WITH FUN,

CUSTOMS AND TRADITIONS FOR PEOPLE OLD AND YOUNG."

~ HELEN H. MOORE ~

HE WHO HAS NOT CHRISTMAS IN HIS HEART WILL NEVER FIND IT UNDER A TREE ~ ROYL SMITH~

BIG MAMA'S SOUTHERN KITCHEN

19650 Grand River By Richard Berlin – (Today's Local Food Critic)



Soul food is abundant as "BIG MAMA'S SOUTHERN KITCHEN" name would imply. Catfish, Ham Hocks, Rib Tips, Fried Chicken, Chitterlings, Meat Loaf and more, headline the menu. Sides like Mac and Cheese, Black-eyed Peas, Collard Greens, Pinto Beans and Candied Yams are among the vegetable staples. Desserts include 7-up cake, Sweet Potato Pie, Banana Pudding and the owner's much ballyhooed Peach Cobbler.



The owner of "BIG MAMA's", Mrs. Patricia Clay, has moved into the Grandmont – Rosedale neighborhoods from the Redford Plaza area at Telegraph and West Chicago, where she has been in business for five years. Mrs. Clay, while bringing a following of old customers and catering clientele from her previous location, is looking forward to developing new friends and a growing business here. She opened at 19650 Grand River~ one block east of Evergreen ~ in September.

Mrs. Clay, a native Detroiter, has inherited the name "Big Mama" from a woman she idealizes. When she was eight years old she went to live with Mrs. Lucy Carr, who came from in the Little Rock area of Arkansas. Lucy Carr had a large "family" consisting of her children, grandchildren and numbers of friends and neighbors in the close knit community. Mrs. Carr kept a large garden for her vegetables and went fishing every day. She loved to cook and feed everyone. Young Patricia says she just "meshed" with Mrs. Carr's love of family, cooking and feeding people and spent much of her time with Big Mamma in the kitchen while the other kids went about their other duties or play.



Patricia Clay put in a full 30 years with the U.S. Post Office before retiring while she expanded her cooking repertoire over some years doing desserts and helping at her brother and sister-in law's restaurant. She then went out on her own opening "BIG MAMA'S". A group of ten Grandmont residents made arrangements before time to gather at "Big Mama's" for a family-style dinner and then went to the North Rosedale Community House for the play, "Much Ado About

Nothing". Mrs. Clay and her staff welcomed us with a salad, our choice of five dinners, including two sides and a muffin. She even threw in some extras and dessert. Everyone enjoyed their dinners and the special treatment we received.

We hope all of our "HOME OF GOOD NEIGHBORS" communities will give our new business a try just as we try to support all of our neighborhood businesses to keep them viable. Maybe a large group of our residents will get together again for "BIG MAMA'S" and the North Rosedale Player's version of their spring musical "Dream Girls". We call our group the "Movers & Shakers". How about joining us?

ENVIRONMENTAL CORNER

The Environmental Committee frequently surveys the neighborhood. We applaud neighbors who regularly set good examples for Grandmont residents. Active participation by all family members helps keep our neighborhood strong and unified. **APPRECIATE THE PAST, BE IN THE PRESENT, AND WORK TOWARD A BETTER FUTURE. THANK YOU!!**

<u>A TIMELY REMINDER:</u> sort out those personal papers and utilize the secure on-site shredder on **Saturday, December 15, 2012 at Christ the King Church (Rosedale Recycles)**. Secure shredding of your documents and confidential papers will be available from 10 AM -2 PM at Christ the King off Pierson Street north of Grand River.

DECEMBER – GOOD TIDINGS TO ALL!

First, I'd like to thank all of the people who participated in our **GREAT** cleanup at Ramsay Park on Sunday, November 11, 2012. Julie Janusch got an early start and with the help of a neighbor who lives across from the park, was able to fill a bag or two of trash. It made a big difference when we arrived at 2 PM. We were able to rake most of the street of leaves and bag additional trash, empty the containers, etc. Thanks to GCA Board members Ed Smith and Robert Patterson in addition to Grandmont neighbors Diane Dubois and Dan Neal. Becki Kenderes, who volunteered from the Grandmont #1 neighborhood and works with GRDC, also joined in our 'aerobic workout and fun-filled day' helping us pull bulk items from the Bushnell parking lot and unoccupied homes on Longacre and Southfield. We did so much in two hours – and if we had more people, we could have made a difference on homes targeted for Abington and Archdale. But, as it's often said WE'LL BE BAAACK!

I'd also like to thank Coach Muhsin Muhammad, who along with some of the teenagers he mentors and other Grandmont residents, for boarding up vacant property on Longacre St. Caring and involved residents like him help keep our neighborhood safe and attractive.

To the residents of Longacre near the park, please look at this as an opportunity to keep the park looking its best while providing a safe, clean environment for adults to walk and talk and children to play out of harm's way. If you "adopt" the area across from where you live, the park can remain litter-free and the leaves won't be so compacted in the street. And to the dog owners in our community, please remember that you should NOT walk your dog in the park, but if you do — be responsible and **CLEAN UP** after your pet — **SCOOP THE POOP!** It is our community park, not your pet's personal toilet. We **ALL** thank you for that consideration!

Keep in mind that one good wish changes nothing, but one good decision changes everything. Decide to become more involved in your community and at the very least – pay your \$25.00 dues. When you pay this fee, you pay a fair share of the benefits we all receive. You support the volunteer work done by so many. You reap the benefits of STREET SNOW REMOVAL which allows not only you and your family to travel our streets more safely, but allows safer passage and quicker response for police, fire, and emergency vehicles. That's worth \$25.00 in itself.

SPEAKING OF SNOW REMOVAL...AND SAFETY AND SECURITY: Park your cars off the street. It's darker earlier and some streets are quite narrow. Snow removal equipment is so much more efficient when the whole block is free of cars parked in the street. You will be safer and more secure knowing your car is in the garage or in your driveway. For your added security, keep your car keys - and panic alarm ready – as you enter your home. Be sure to check your surroundings (pay attention!) and keep your property lighted at night.

THINGS YOU MIGHT ALSO DO:

- ❖ Add additional lighting around your home
- ❖ Note (get descriptions/license plates of) any unknown cars parked on your block
- ❖ Make sure you and others can read your home address number clearly and know your cross-streets.
- * Put reflecting paint/tape on your garbage container to make it more visible for early morning or late pickups

Pay your sidewalk snow removal invoice early so that children walking to school, the letter carriers, and pedestrians in general will appreciate having our sidewalks shoveled uniformly making it a safer traveled route when the snow starts falling.

CHRISTMAS GIFT SUGGESTIONS:

TO YOUR ENEMY, **FORGIVENESS**. TO AN OPPONENT, **TOLERANCE**. TO A FRIEND, **YOUR HEART**. TO A CUSTOMER, **SERVICE**.

TO ALL, CHARITY. TO EVERY CHILD, A GOOD EXAMPLE. TO YOURSELF, RESPECT.

~Oren Arnold



COME TO WORK FOR GRDC! – GRDC is pleased to announce that we have two AmeriCorps/VISTA positions available, starting in February 2013. We need a Volunteer/Outreach Coordinator and a Special Assessment District Organizer. Both are one-year positions and include a small stipend through the AmeriCorps/VISTA program as well as health care and child care benefits. To learn more about the positions and find out how to apply, visit the GRDC website at www.grandmontrosedale.com.

NEIGHBORHOOD SAFETY MEETING – The monthly Neighborhood Safety meeting takes a holiday break for the month of December. Meetings resume on Thursday, Jan. 24th at 6 PM at the North Rosedale Park Community House, 18445 Scarsdale, when Karen Johnson Moore, GRDC's Community Security Program Manager, will do a presentation about the Neighborhood Benefits District (NBD). NBD Task Force members will also be available to answer questions.

Neighborhood Safety meetings are open to the public. Please join your neighbors, local law enforcement officials and guest speakers as we learn and share crime prevention strategies. Every meeting provides important information to help keep us and our neighborhoods safer! For more information, contact Karen Johnson Moore at kmoore@grandmontrosedale.com or 313-387-4732, ext. 110.

JOIN THE CRIME ALERT! – Want to know what's going on around you? Join the GRDC Crime Alert system and you'll get email messages to update you.

The GRDC Community Security Program's staff monitors and sends out email crime alerts as reported by community residents about recent suspicious or criminal incidents or activities. Our goal is to provide timely information to residents and when possible and appropriate, to offer crime prevention strategies and reminders that may help keep us safer in the future.

To join the Grandmont Rosedale Crime Alert system, send an e-mail request to **grandmontrosedalecrimealert@googlegroups.com**. And please share this invitation and e-mail address with other neighbors and friends who also live in the Grandmont Rosedale area.

NOTE: This alert system is designed to help increase our awareness for our own personal safety and/or to show possible trends and to help increase the arrest and prosecution rate of criminals. This alert system is **not** to be used for community announcements about programs or activities, but only for reporting suspicious or criminal activity or crime prevention tips. We also ask that people not "reply" to any given incident via the system, but instead to direct comments to **info@grandmontrosedale.com** or call and leave a message at **313-387-4732**, **ext. 100**.

VACANT HOUSE and SQUATTER ALERT – Do you have any vacant houses on your block? Do you suspect squatters may be occupying a vacant house on your block? If so, please give GRDC's Vacant Property Hotline a call at **313-387-4732**, ext. **117** and report the addresses and any other information posted or available. You can also send an email to info@grandmontrosedale.com.

<u>NOTE:</u> In Rosedale Park, contact Stacy Pugh (**313-574-8889**) to report suspected squatters and contact Debbie Kent (**313-836-4737**) to report vacant property. If the house or suspected squatters are in North Rosedale Park, contact Clarenda Webb (**313-330-7844**). If the house or suspected squatters are in Grandmont, contact Diane Patterson (**313-836-3736**).

It takes a LOT of people to keep track of and take care of all of the vacant houses in our neighborhoods. Please do all that you can to maintain the yards of the vacant houses on your block – pick up trash and flyers and do what you can to make the house look occupied. If you are already taking care of vacant houses in your community, **THANK YOU** and thanks for being a good neighbor!

GET THE GRDC E-MAIL BLAST! – GRDC sends out a regular weekly electronic newsletter to let everybody know what's going on in our neighborhood. Don't miss out on the latest! If you want to know what's happening, send us your e-mail address. We'll add you to our electronic mailing list and send you information of interest to the neighborhood. Send an e-mail to **info@grandmontrosedale.com** and ask to be added to the list.

<u>-</u>ب



For more information, call the Northwestern District, Community Relations Unit and ask for a Community Relations Officer.

(313) 596-5682

911 - Emergency Calls

Non Emergency Calls (313) 224-INFO (224-4636)

Report Criminal Activity

(From 10am - 8pm)

1-800-Speak-Up

(1-800-773-2587)

(Remain Anonymous / Rewards Offered)

Report Narcotic Activity (313) 224-Dope (224-3673)

(All Calls Are Anonymous)

Telephone Crime Reporting (313) 267-4600

THE NORTHWESTERN DISTRICT

11450 Warwick Detroit, MI 48228 Phone: (313) 596-5600

EXECUTIVE STAFF

Commander Duane A. Mckissic (313) 596-5610 Inspector Johnny A. Thomas Sixth Precinct (313) 596-5605 Inspector Vicki Yost Eighth Precinct (313) 596-5605

COMMUNITY RELATIONS

Sergeant Lisa Shade (313) 596-5682 (313) 596-5617

SPECIAL OPERATIONS

Sergeant Diaz Graves Sixth Precinct Sergeant Robert Avery Eighth Precinct (313) 596-5647

INVESTIGATIVE OPERATIONS

13530 Lesure Detroit, Mi, 48223 (313) 596-5640



THE



DEPARTMENTS
SAFETY TIPS
FOR THE
HOLIDAY SEASON







If you're traveling:

- Make sure your car doors are locked.
- Travel on well-lit roads.
- Be aware of your surroundings.
- Be cautious of accident scams such as intentional bumping of vehicles. (If this happens and you feel uneasy drive to the nearest police station)

Leaving your home / Out for the evening:

- Set an automatic timer for your lights.
- Ask your neighbor to watch your home, shovel the walks, pick-up newspapers, collect mail, and park in the driveway from time to time.
- Be sure to hide any gifts that may be left in the house while you are away.
- Turn on lights and a radio or the TV so that it appears that someone is home.
- Lock all doors and windows while you're out, even if you plan to be away for a few minutes.
- Do not place packages or gifts near windows or in other high-visibility places.

If you're shopping:

- Don't let your guard down just because you are rushing.
- · Be aware of your surroundings.
- Be prepared when approaching your vehicle; have your keys ready.
- Park in well-lighted areas and as close to the store as possible.
- Hide packages in the trunk or under the seat.
- Do not carry large amounts of cash; pay with a check or credit card if possible.
- Make sure that you do not carry all of your packages at the same time.
- Ask for an escort to your vehicle, if necessary.
- If possible do not carry a purse, put a wallet in an inside coat or front pants pocket.
- Wear comfortable clothes and shoes.
- Beware of con artists. If it sounds too good to be true, it probably is.
- If you take your children shopping, teach them to go to a police officer or a store security guard if they get separated or lost.

Gas Stations:

- Try to get gas in the daylight hours.
- Be aware of who is not pumping gas before you pull into the station.
- If there are suspicious persons at the pump try another location.
- Never leave your personal belongings (purse, Laptop, Briefcase in view when exiting your vehicle.
- Never leave your keys in the vehicle.

Bus Stops:

- Try to stand in a well-lit area (If possible at an intersection).
- If someone is approaching that looks suspicious, cross the street until they leave.

ATM's:

- Never use an ATM that is not in a welllit location.
- Try not to go alone (especially at night).
- Always wait until the person in front of you pulls off the lot before proceeding.
- Always lock your doors.

Banks:

- Put all money away before exiting bank
- Be aware of bank scams
- Say "No" to Solicitors standing outside of banks.



Holiday Crime Prevention Safety Factsheet





HOLIDAY FIRE SAFETY



Selecting a Christmas tree:

- Needles on fresh trees should be green and hard to pull back from the branches, and the needle should not break if the tree is freshly cut.
- The trunk should be sticky to the touch.
- Dry, old trees usually have needles that easily fall off and are a fire hazard.

Caring for tree:

- Keep away from any heat source.
- Be careful not to drop or flick cigarette ashes near tree.
- Do not put tree up too early or too long.
- Keep hydrated by filling tree stand with water.
- Cut off about two inches of trunk to expose fresh wood for better water absorption.

Disposing of tree properly:

- Never put tree branches or needles in fireplace or stove.
- Discard a dry tree promptly; check for recycling options or DPW pick-up schedule online: www.detroitmi.gov

Avoid using lit candles:

- If you do use candles, make sure they're in suitable holders. Battery operated candles are highly recommended.
- Do not leave the house with candles burning.
- Do not go near the Christmas tree with an open flame.

Maintaining holiday lights:

- Always inspect holiday lights for frayed wires, bare spots, gaps in insulation, broken or cracked sockets, etc. before putting them up.
- Only use lights listed by an approved testing laboratory.

Do not overload electrical outlets:

- Do not link more than three light strands, unless directions indicate it is safe.
- Connect strings to an extension cord before plugging into outlet.
- Make sure wires do not become hot to the touch.

Use only nonflammable holiday decorations:

- Decorations should be nonflammable or flame-retardant.
- Place away from heat vents.

Never put wrapping paper in a fireplace:

• Can result in a large chimney fire.

Artificial Christmas trees:

• Make sure it is flame-retardant.

Smoke Alarms:

- Have working alarms on every level of your home, also a carbon monoxide detector is recommended.
- Test monthly and keep them equipped with fresh batteries.
- Keep clean.

For more crime prevention tips and strategies or to share your own Quick Tip, please contact GRDC Community Security Program Manager Karen Johnson Moore at <u>313-387-4732</u>, ext. <u>110</u>, or email to <u>kmoore@grandmontrosedale.com</u>

CITY SERVICES

TRASH PICKUP DAY: Friday

Trash Pickup Holiday Schedule

If any of the following holidays is on or before your collection day, your service will be one day later:

Christmas Day

POLICE DISTRICT:

District: NORTHWESTERN
Precinct: 6TH & 8TH PRECINCTS
Address: 11450 WARWICK

Phone: 313 596 5600

N/W COMMUNITY ACCESS CENTER SERVICES:

Northwest Activities Center 18100 Meyers, (313) 870-0649 Mr. Tony Kinsey, Mgr

BULK PICKUP SCHEDULE:

2013 not yet available

NEAREST BULK DROP-OFF LOCATION:

FACILITY: Southfield Yard

LOCATION: 12255 Southfield Service Drive

These drop-off locations are open to Detroit residents only with proper identification. Residents are limited to one load per household per day, not to exceed one cubic yard or 1,000 pounds. The City will not accept demolition, construction, or remodeling debris (including shingles), household or commercial garbage, or tree stumps.

BULK DROP-OFF HOURS

NOVEMBER THRU MARCH

8:30 a.m. - 4:00 p.m. • Tuesday thru Saturday

APRIL THRU OCTOBER

10:30 a.m. - 6:00 p.m. • Tuesday thru Saturday

(The J. Fons Transfer Station is open Monday-Friday from 8:00 a.m.— 4:00 p.m., the Southfield Yard location is open Monday-Saturday).

All locations (except J. Fons Transfer Station) are closed from 2:30—3:30p.m.



Munchies' Wisdom

Gears ago I'd read a little book entitled "Are You As Happy As Your Dog?" by Alan Cohen. I decided to pull out a few 'lessons' that are gleaned from the writer, Cohen while watching his dog, Munchie. Even if you're not a dog lover, I think you can learn a little something.

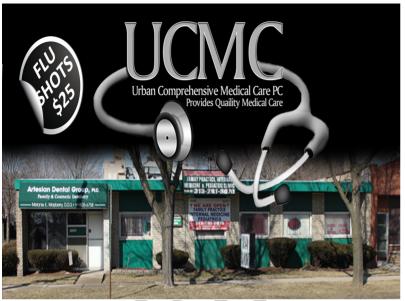
A previous 'lesson' was 'Keep Your Eye on the Ball'. Munchie seems to understand the power of one-pointed concentration and the importance of getting what you want by keeping your eye on the ball.

Munchies' 'lesson' this time is 'LISTEN TO YOUR BODY':

The author, Cohen writes, "When Munchie is tired, he sleeps; when he is rested he gets up. He eats when he is Hungry, and walks away from his bowl when his tummy is full. When someone pets him, he stays right where he is and groans with delight. When he is in pain, he stops what he is doing. When he finds a sunny spot on the grass, he lies down and naps. When the weather is bad he stays in the house. He moves his body a lot, and he feels good.

We still have lessons to learn from the animal kingdom.

Submitted by K. Thurmond



F R E E!!!

BLOOD PRESSURE, BLOOD SUGAR AND BMI SCREENING EVERY FRIDAY & SATURDAY 9:00AM TO 1:00 PM

Multi Specialty Group

Our Board Certified Family Practitioner & Pediatrician are committed to taking care of your entire family.

Our Clinical Team provides friendly patient care for patients of all ages.

We provide health and well-being care for Infants, Children and Adults, including Sports & School Physicals. Home Health Care Visits, Children and Adults Vaccinations, Geriatric Care and Osteopatic Manipulation. Same day walk-ins are available.

Dr. Uyen Thai-Budzinski - Family Practice Dr. Zeeshan Tarique - Pediatrician

Schedule your appointment today!

Clinic Hours: Mon, Wed & Thurs 9 AM - 6 PM
Tuesday 10 AM - 7 PM & Friday 9 AM-5 PM
Saturday 9 AM - 1 PM
Call Today: 313-281-8070

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Free Yoga at Chaney Library

Let's get healthy! Join Grandmont's Yoga Club! Our yoga club is for all which includes beginners. We will assist you with all postures. You will learn techniques that will benefit self healing. Yoga teaches you stress elimination and relaxation; improves blood pressure, cardio and circulation; strengthens bones, muscles and tissues; detoxifies and repairs internal organs; helps digestion; promotes anti-aging process and rejuvenates the total body. Practicing yoga is fun!

This yoga club is held at Chaney Library, 16101 Grand River, every Thursday from 4:00 PM - 5:00 PM. Phone Cora at (313) 273-7914 for more information.





In North Rosedale Park!!

An Easy-to-Follow Dance-Fitness Party that blends Latin and International Rhythms into a Calorie-Scorching workout.

Two Class Options:

Zumba \sim Monday 7 to 8 PM & Wednesday 6 to 7 PM

*Zumba Gold \sim Monday 9 to 10 AM & Thursday 9 to 10 AM

1 Class/Week ~ \$36 **2 Classes/Week ~ \$65 Drop-Ins Welcome ~ \$7

6 Week Session

Start \sim Jan 2

Finish \sim Feb 11

North Rosedale Park Comm House 18445 Scarsdale, Det 48223 To Register Contact:
Theresa Taylor, Instructor
313.204.9400
TTaylorFitness@yahoo.com

*Zumba Gold is the fitness party for the active older adult and beginner participant.

** If registered by Mon Jan 7th

Prorate after Mon Jan 7th

Class dates are subject to change

Advertising Rates for Businesses are:

(one month rates, call for quarterly rates)

Personal Classified Ads are free for G.C.A duespaying members for two issues.

Personal Classified Advertisements include: babysitting services, Lawn care services, items for sale, yard work, Help Wanted, etc.

> For more information contact: Dan Neal (273-1959) or Janet Adams (837-1455) Bessie Jenkins (835-8054) Harrison Duke III (837-4913)

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GRANDMONT COMMUNITY ASSOCIATION ARTS & CRAFTS FAIR DIRECTOR & ASSISTANT NEEDED



For over thirty years, GCA has sponsored an Annual Arts & Crafts Fair which has proved to be a fun event with childrens' games, a display of classic/racing cars and live entertainment.





YOUR COMMUNITY NEEDS YOU TO KEEP OUR FAIR!

Interested residents, please phone the Fosters at: (313) 273-7914 for more information

~ ~ DON'T FORGET ~ ~

THE GRANDMONT ART FAIR IS OUR ANNUAL SCHOLARSHIP FUND RAISING EVENT!

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We sweep while you sleep!

Sidewalk snow removal is not paid for by your Association or provided by the city.

Greener Still, Inc. sweeps your sidewalks. Each home is billed a small share for 5 months of service.

Please send your payment today to keep the sidewalks in the neighborhood clear!

Any questions or to pay by phone please call 313-838-4500.

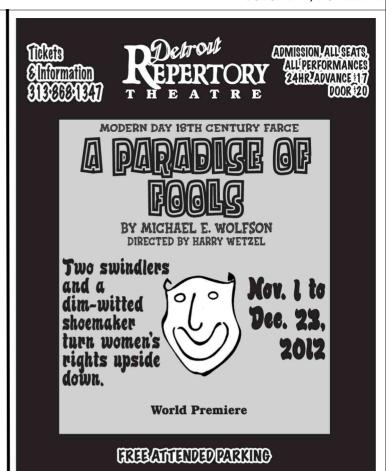
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NO	November 2012	107 L	7			
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January 2013

		Γ			ı	Г	1
	SATURDAY	1 10AM - GCA Board Meeting at GRDC Office	&	15 10AM to 2PM—Rosedale Recycles at Christ The King Church 12:30PM—GCA Holiday Luncheon at Tango's	22	29	GRANDMONT~ROSEDALE NEIGHBORHOOD SAFETY MTG: N. Rosedale Park Community House—Thursday, January 24, 2013~6PM
	FRIDAY		L	14	Winter Begins	28	ALE NEIGHBORHOOD S MUNITY HOUSE—Thursda
	THURSDAY		6 4PM-5PM Yoga at Chaney Library	13 4PM-5PM Yoga at Chaney Library	4PM-5PM Yoga at Chaney Library	27 4PM-5PM Yoga at Chancy Library	GRANDMONT~ROSED N. ROSEDALE PARK COM
	WEDNESDAY		ιC	12	19	26	JANUARY
	TUESDAY		4	11	18	25 Christmas	ARY 5, 2013~10 AM
	MONDAY		3 7PM—Grandmont Patrol Meetings at GRDC Office	10	17	24 Christmas Eve	Y BOARD MEETING D RIVER—SATURDAY, JANU
	SUNDAY		2	6	16	23	GRANDMONT COMMUNITY BOARD MEETING GRDC OFFICE, 19800 GRAND RIVER—SATURDAY, JANUARY 5, 20
4							

NW DISTRICT POLICE COMMUNITY RELATIONS MTG: BUSHNELL CONGREGATIONAL CHURCH—Monday, January 28, 2013~7PM

MEETINGS

GRANDMONT PATROL MEETING GRDC OFFICE, 19800 GRAND RIVER— \sim Monday, January 7, 2013 \sim 7 PM